



# Kelmscott Senior High School



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## Soccer Academy

Our Soccer Academy welcomes students with an active interest and ability in Soccer. Students will be provided with the opportunity to participate in a range of soccer related activities including game practice, refereeing, mentoring and coaching, as well as learning the fundamentals of the game.

The success of our Soccer Academy has seen several graduates become professional players at National and International level.

Our Soccer Squads regularly compete at interschool competitions, providing them with the opportunity to develop their skills in a game setting. Leadership skills are developed and built upon whilst mentoring and coaching including regular clinics with our local primary schools. These experiences are invaluable, providing practical experience.

Our program consists of 2 practical training sessions per week (during school hours) in Year 7, progressing to 4 sessions per week in Years 8 to 10, where we introduce a soccer theory component.

Our students participate in both Soccer and Futsal with a strong focus on increasing movement complexity and performance at an increased speed, control, and improved accuracy in passing and individual ball control. Students learn about biomechanical analysis and how that is used to improve performance. Weight training and fitness sessions allow students to explore concepts of exercise physiology such as components of performance related fitness (including power, speed, agility, and balance) and training principles. In Years 9 and 10 our students have the opportunity to complete the Level 4 Refereeing Accreditation and be mentors to the Year 7 Soccer students. They will also use their mentoring and officiating skills to coach and referee at Primary School Carnivals.

## How to Apply

Selection into our Soccer Academy is highly sought after and competitive. The selection process involves a trial selection period.

Application forms are available on our website Kelmscott Senior High School and need to be submitted by the set date each year.

For further information about what Kelmscott Senior High School can offer your child, please contact Tracey Ostle on 9495 7471 or [tracey.ostle@education.wa.edu.au](mailto:tracey.ostle@education.wa.edu.au)

